

MEALS FOR VETS

A flagship program of
Honor Veterans Now



Nourishing Texas Veterans' Success

Serving veterans under age 60 who
struggle with hunger and have little
income.

830.992.3375
800.676.1389

mealsforvets.org

MEALS FOR VETS

MFV works to eliminate hunger in
all Texas Veterans under age 60
who have little income and are
excluded from other meal
programs. We also provide
Student Veterans attending college
with nutritious meals.

GIVING TODAY

An investment in a Veteran's future!

MFV relies on donations and grants
from generous individuals,
organizations, and foundations.
Helping our Veterans is an honor!
Providing at-risk Veterans with an
essential need such as food is a duty
we cannot deny. A gift of any size
will ensure a Veteran does not go
hungry. All gifts are appreciated.

**Our TEXAS Veterans need your
help!**

www.mealsforvets.org



This program is supported by a
grant from the Texas Veterans
Commission *Fund for Veterans'
Assistance*. The *Fund for Veterans'
Assistance* provides grants to
organizations serving veterans and
their families. For more
information, visit TVC.Texas.gov.



Honor Veterans Now is a non-
profit 501(c)(3) public charity.

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Do you or a veteran you know suffer from hunger?

Meals for Vets helps veterans battling hunger by providing **daily, nutritious meals**.
And something else...hope, dignity, and respect.

Veterans we serve:

- Under age 60 with low or no income
- **Students struggling financially**
- Over age 60 with special circumstances

To qualify:

- Must have served 180 days or more
- Provide proof of service (such as DD214)
- Provide proof of income

To apply, please call:

830.992.3375 or 800.676.1389

8:00 am - 5:00 pm CST

MEALS FOR

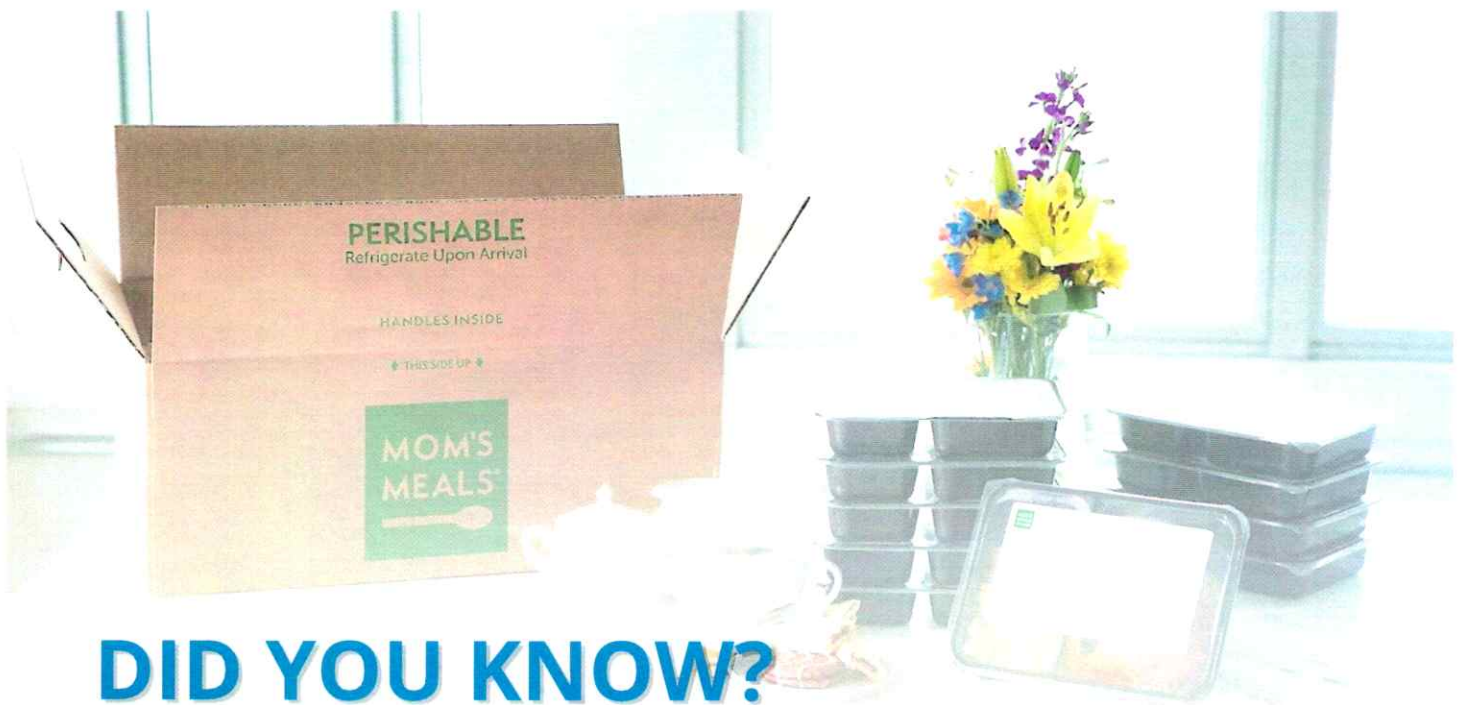
VETS

mealsforvets.org



"This program is supported by a grant from the Texas Veterans Commission Fund for Veterans' Assistance. The Fund for Veterans' Assistance provides grants to organizations serving veterans and their families."





DID YOU KNOW?

AS A STUDENT VETERAN YOU MAY QUALIFY FOR FREE MEALS?

Meals for Vets is a program that provides student veterans who have low income with DISCREET, free daily meals.

Getting through school is hard enough without the stress of not knowing if you'll be able to afford to eat. Meals for Vets and Mom's Meals have partnered up to make sure you get discreet delivery of 10 Fresh Meals every two weeks, delivered to your residence.

To qualify:

- Must have served at least 180 days federal active duty
- Provide proof of service (such as DD-214)
- Provide proof of all household income and benefits
- Meet low income qualifications

To learn more and apply, call:
830-992-3375

Or apply online:
www.mealsforvets.org/students-apply/





New Program for Veterans' Surviving Spouses

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1933-2021

Financial and volunteer support for Meals for Vets comes from numerous individuals, organizations, and foundations, including the Texas Veterans Commission.



This program is supported by a grant from the Texas Veterans Commission *Fund for Veterans' Assistance*. The *Fund for Veterans' Assistance* provides grants to organizations serving veterans and their families.

A relatively new non-profit organization now offers access to one free nutritious meal a day for surviving spouses of Veterans living in Texas. Located in Fredericksburg, Meals For Vets feeds Texas Veterans and their family members who are in need, where-ever they are located. Their dedicated staff and volunteers are Veterans or have a Veteran family connection working as a team serving Texas Veterans – wherever they live in the state – they have them covered!

Their unique mission addresses food insecurity with Veterans and surviving spouses who are 59 years old and younger, or those older Veterans who have been placed on a meal provider's wait-list due to lack of federal funding. Some Veterans or their surviving spouses live outside a meal provider's service area, are homebound, or have dietary restrictions. They cover all of them, too.

Meals For Vets is funded by the Texas Veterans Commission, private foundations such as the Meadows Foundation and the M.S. Doss Foundation, businesses, and individual contributors who generously support their mission. Meals For Vets also serves student Veterans and surviving spouses at universities, colleges and trade schools. They currently serve thirty-eight schools throughout the state.

Referrals come from other Veterans, their families, VA social workers, County Veteran Service Officers, and school Veteran Representatives. In appropriate cases where Meals For Vets can't help, they refer the Veteran to other appropriate support organizations for assistance.

The goal of Meals For Vets is to help eliminate hunger among Veterans in Texas and they do that – one meal at a time – wherever the Veteran is located. That's their story. If you want to help them achieve their goal by donating, or want to apply for service, visit them at www.mealsforvets.org. If you or someone you know needs assistance or has questions or wants to support their mission, give them a call at (830) 992-3375.